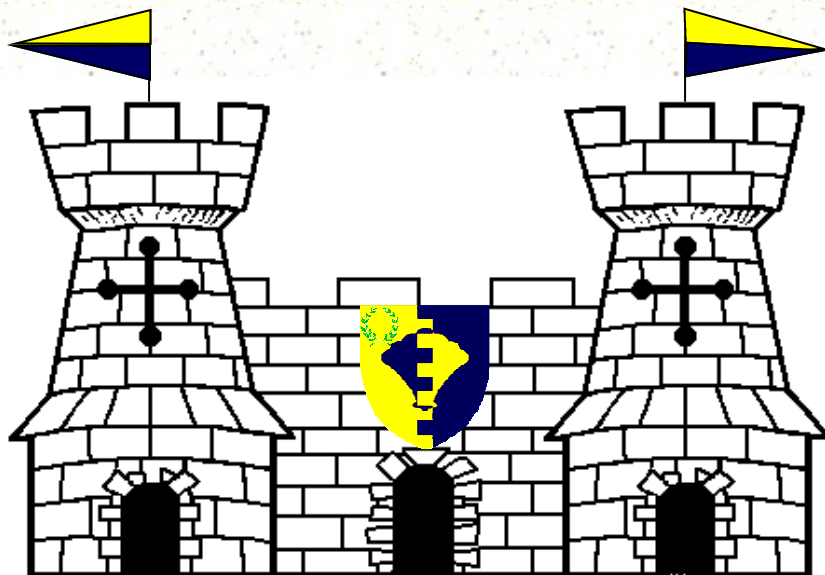


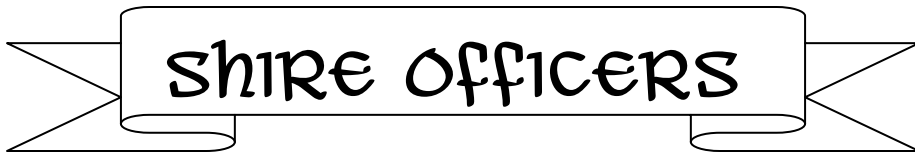
SANDSCRIT

Official Newsletter of the
Shire of Seawinds



We remain defended!

November A.S. XXXIX
Being 2004 by the
common reckoning



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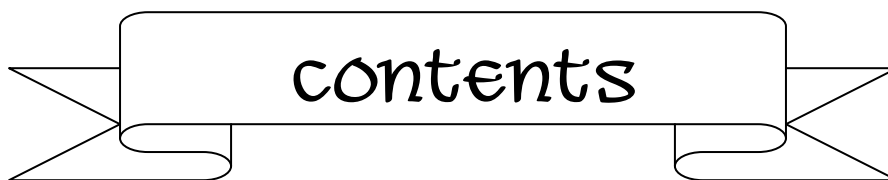
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If you are interested in applying for any open office, please contact the Seneschal



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Attention all patrons:
 Submissions of original artwork, short stories, poems, and tidbits of information are always needed.
 Please send all your talents to the Chronicler!

Disclaimer:

This is the Sandscrit, a publication of the Shire of Seawinds of the Society for Creative Anachronism, Inc. The Shire of Seawinds is a branch of the Kingdom of Ansteorra within the Society for Creative Anachronism. It is not a corporate publication of the Society for Creative Anachronism, Inc. and does not delineate SCA policies.

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This edition of the Sandscrit was compiled by Lady Apollonia de Avena, Deputy to the office of Chronicler (Wendy Matejek) 1914 Tuloso Rd Corpus Christi, Tx 78409
apollonia_de_avena@yahoo.com



OFFICERS' REPORTS



reetings from the Seneschal....

Seawinds Defender is now behind us and what a fabulous event it was. We had great attendance and nice weather for a change. I want to thank all of you who worked at this event, you helped make it a success. I have received lots of compliments! I wish to also thank Lady Apollonia for her hard work as autocrat. Vivat Seawinds!

The next couple of months will be a busy time for Seawinds. As most of you should know by now, Seawinds has the distinct honor of hosting the Coronation of Ulsted the Unsteady and Cateau D'Ardennes on January 15th. We will need the support of the shire to get everything ready for this grand event. Information will be made available soon as to who you need to contact to volunteer at this event. Autocrats for the event are myself, HL John Lightfoot and HL Katherine Brandon. Please seek out one of us if you want to help.

As if that were not enough we have several demos coming up. The following are the dates and the person you need to contact if you are interested in volunteering:

South Texas Celtic Festival, Nov 13th, contact--Jason Blackwolf

La Marche Demo at Hidalgo Historical Museum, Nov 20th, contact--Lady Caitriona
Ingleside Renfair, Dec. 11th & 12th, contact--Lady Calena

Please remember that the Ingleside Renfair is our biggest demo and a fundraiser. We need everyone to help at this demo.

In Service,
Caitriona

From the Minister of Arts and Sci-



reetings Seawinds,

Our Defender event has come and gone, but word fame and accolades of the Arts and Sciences competition winners will live in Seawinds history. Congratulations to our new A&S Defender Champion, Olaf Hastings of La Marche Sauvage. He won first place with an unbelievable wooden hand carved chess set. Second place winner was Mistress Charla's beautiful needlework. Our populace vote winner was Lady Aleena also of La Marche Sauvage who displayed a pair of leather bracers and second place popular vote winner was Lady Anna Klann of Seawinds who showed her Elizabethan ropa and kirtle. VIVAT! to all of these artisans.

And there's more! Congratulations to Lady Marguerite du Bois (Seawinds) for winning her second thistle, this one for Bardic Arts. Also a well deserved thistle was awarded to Lady Caitriona inghen Mhic Lochlainne (Seawinds) for her pierced metalwork. A special thank you and VIVAT to Lord Dan the Artisan for the shell site tokens.

Quality workmanship in the arts and sciences is apparent in the Coastal region and especially in Seawinds. I encourage everyone to enter their projects at any event they attend, either to compete, or for display only. If you want feedback and you are just displaying, provide a paper and pen for comments. This encourages people to interact with you about your craft. At the Ansteorran Coronation on January 15, there will be a table for A&S displays. If you show your work there, be sure to collect it before feast. Also, Kingdom A&S is coming up in February. Keep up the good work.

HL Katherine Brandon , Seawinds MoAS

From the Hospifiler:



Unto the Populace:

November already? Where does the time go? We have so many exciting things going on in the fair Shire of Seawinds right now it's hard to keep up.

First and foremost in our hearts, if not on the calendar, is the Coronation of Their Highnesses Ulstead and Cateau in January. This is our first Kingdom level event for several years and, as such, is an excellent opportunity for us to show our true worth. It will take every able bodied person in Seawinds, as well as anyone available from Stonebridge Keep or La Marche Sauvage, to help pull this one off.

Stepping back into the current month, La Marche Sauvage is having a demo the weekend of November 20. I would encourage anyone who cannot be at Autumn Meles to support our good neighbors to the south in this endeavor. And don't forget the final String of

Pearls tourney hosted by them in January. Not only should we be down there to participate, but we should also be available to give an extra hand if needed.

In December we have Ingleside Renfaire, of course. This has been an excellent fund raising opportunity for us in the past as well as a chance to reach out to local area and just have a little fun ourselves. Again, we will need every able bodied person to make this event a success.

So, to sum up, the by-words for the next couple of months are: Get in, pitch in, and help out.

In Service I Remain,

Blackwolfe



Defender Champions

The Chivalric Defender
Lord Michael of Graves End

The Rapier Defender
Lord Padraig Logan

The A&S Defender
Lord Olaf Hastings

The Archery Defender
Lord Fearghus Cochrane

The Equestrian Defender
Lady Lorraine Frasier

The Bardic Defender
Lord Jason Blackwolf

Other Champions Named:

Thrown Weapons Champion
Lady Lorraine Frasier

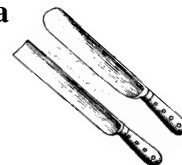
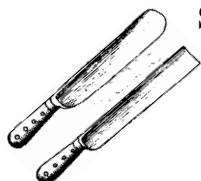
A&S Popular Vote Champion
Lady Aleena of the North Waters

Best Dandy Champion
Lord Jason Blackwolf

Iron Chef Champion
Lady Apollonia de Avena

Iron Chef Winning Recipe

Submitted by Lady Apollonia de Avena



AMBROGINO

WITH DRIED FRUIT SAUCE

From The Medieval Kitchen, Recipes from France and Italy

Odilie Redon, Francoise Sabban, & Silvano Serventi

Passage from the book:

“Could the name of this dish—*Ambrosino* or *ambrogino* depending on the source—have anything to do with ambrosia, the food of the gods? There is indeed something divine about this complex recipe whose sweet, sour, spiced flavors and whose juxtaposition of two separate sauces generate rich harmonies on the tongue. The name appears on the menu of a feast given at Siena on Tuesday, December 23, 1326. ...It was to celebrate the knighting of Francesco Bandinelli, a young man from one of the most eminent families of Siena—and this was but one of four banquets held during the week leading up to the celebration itself. The wording links the *Ambrogino* to the class of dishes known as *escabèches*, which is not surprising as it contains more than one of the traditional ingredients of these dishes: wine and onions.”

Recipe (translated from Italian by Edward Schneider):

If you want to make Chicken Ambrogino, take the chickens, cut them up, then put them to fry with fresh pork fat and a bit of onion, cut crosswise. When this is half cooked, take some almond milk, mix it with broth and a little wine, and add it to the chickens, first skimming off the fat if there is too much; add cinnamon cut up with a knife and a few cloves. When it is dished up, add some prunes, whole dates., a few chopped nutmegs, and a little crumb of grilled bread, well pounded and mixed with wine and vinegar. This dish should be sweet and sour; and be sure that the dates do not burst open.

My redaction:

I decided the first sauce was too thin and thickened it with a small amount of flour paste. For the second sauce, I cut the dried fruit into smaller pieces (for modern tastes) and added some more period dried fruits for color and flavor (apricots, cherries, and figs). Since I used more fruit, the second sauce did not need thickening after it cooked in the wine and vinegar. I used only ground spices for both sauces, as whole do not palate well in a finished dish (again, for modern tastes).

It came from the East

By kuroSH al-dimashQ

During the late Middle Ages and Early Renaissance, Western Europe adopted many things from the Near East. Most of them were brought back by Crusaders in the early 14th century. This passage will mainly discuss clothing of eastern style. However there were other aspects in Western Europe with Persian, Arab or Turkish influence.

As the most noted Middle Eastern garment is the turban, we shall begin there. In Italy the Persian head wrapping became the capparone. As turbans sometimes had a tail, the capparone had a liripipe. While the turban was wrapped in several layers, the capparone was sewn in place over a padded roll. Another headdress of Byzantine origin is the golden net caul. [*]

By its nomenclature, the chemise is of eastern origin. The Arabic word for shirt is “khamis” and “camisa” in Spanish. The word shirt comes from the Saxon “scert” meaning “short.” The kamis is more fitted to the body, it also has flowing flares. It is more than a cote or tunic, which only covers the body. False sleeves and wide-dagged sleeves also came from the east.

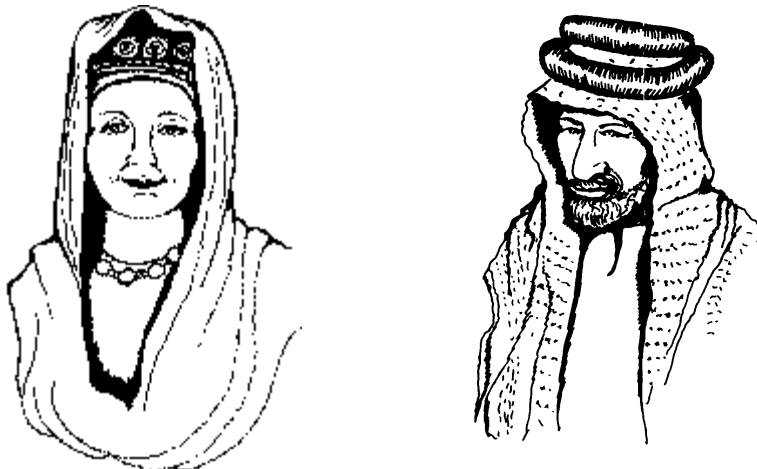
Concerning cloth and textile, the crusaders brought back silk and cotton from the near east. Some of the cloth accessories were embroidered. Appliqué was also introduced by the Persians. Eventually western tapestries and carpets were better woven. Cotton not only appeared in cloth, but also in paper, which made it half the weight.

[*]Do not confuse the cowl and caul

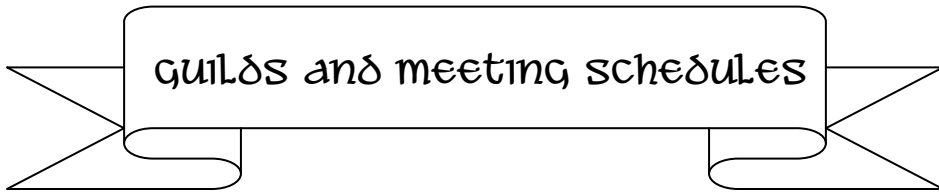


Other items from the near east are buttons, which allowed for more close fitted clothing. Glass mirrors replaced polished metal plates. Pointed toe shoes (*poulaines*) and tall cuffed boots were also brought back by Crusaders. Wooden shoe soles called Chopines were of Turkish origin, however the four inch height was European. Scented gloves from the east were used in Venice.

For military, gunpowder was brought to Europe and fire-arms later developed. Of course curved blades (*shamshir, seif*) were adopted for cavalry usage. The wearing of surcotes over armor was done by Crusaders by example of the Arab soldiers. As the Sarashini draped turbans around their helmets, knights begin to decorate their helms with colored twisted rolls.



<http://www.shira.net/clip-meira.htm>



Officer's Meetings:

Officer's meetings are held on the first Wednesday of the month at 6:00 pm, place to be announced. Everyone is welcome to attend.

Populace Meetings:

Populace meetings are held on the Tuesday following Officer's Meetings at 7:00 pm at the Helicopter park on Shoreline Boulevard. Everyone is encouraged to attend in garb.

Fighter Practice:

Tuesdays at 6:00 pm at the Helicopter park on Shoreline Boulevard.

Arts and Sciences General Meetings:

Held the 3rd Wednesday of the month at Hilltop Community Center in Calallen.

Contact HL Katherine Brandon: ggavit@interconnect.net

Sewing Guild:

Contact HL Katherine Brandon: ggavit@interconnect.net

Or Lady Caitriona: prand@swbell.net

Archery Guild:

Held the 2nd Saturday of the month. All are invited to attend, combat and target archers alike.

Contact Lord Jean-Paul: paulthorne@eathlink.net

Dancing and Drumming Guild:

Monthly meeting schedule to be announced

Contact Lord Dan: dan_the_artisan@yahoo.com

Herbal and Cooking Guild:

Meetings held the Wednesday night after populace at Lady Apollonia's house at 6:00 pm. All are welcome.

Contact Lady Apollonia: apollonia_de_avena@yahoo.com

THE STELLAR KINGDOM OF ANSTEORRA

November 2004

12-14



[Battle of Three Kings](#) -
Rosenfeld (Tyler, TX)

18-21



[Autumn Melees](#) - Bordermarch (Beaumont, TX) *PED*

26-28

(Thursday 25th - Thanksgiving)

December 2004

3-5

**Dragonsfire Tor Yule Revel -
Dragonsfire Tor (Stephenville ,
Tx)**



[Wiesenfeuer Yule Revel](#)
- Wiesenfeuer (Oklahoma City,
OK)

**Bonwicke Twelfth Night - Bon-
wicke (Lubbock, Tx)**

10-12



[Stargate Yule](#) - Star-
gate (Houston, TX)

Winterkingdom - Northkeep (Tulsa,
OK)

Demo 12/11-12: Ingleside Renfair - Seawinds
(Corpus Christi, TX)

21

**Demo 12/21: King Arthur Demo (At the
Hastings in Abilene) - Mendersham
(Abilene, TX)**

January 2005

31-2

(Saturday 1st - New Year's Day)

7-9



**Steppes 12th Night Court &
Feast - Steppes (Dallas, TX)
Tournament of the Blag Stag/
[String of Pearls](#) - La Marche Sau-
vage (McAllen, Tx)**

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**For more information about the Shire of Seawinds, visit
www.seawinds.org
Or join the email list at: www.groups.yahoo.com/group/SCA-Seawinds**